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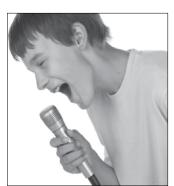
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## SUMMER IS THE SEASON FOR FUN AT MHC!

Our awesome camps and enthusiastic instructors will keep kids busy all summer. And our great student-instructor ratio will keep parents happy, too!



MHC Continuing Studies is pleased to acknowledge the generous support of



in the development and promotion of science camps

# 2014 SUMMER PULL OUTCALEN

#### MONDAY & WEDNESDAY-FRIDAY JUNE 30-JULY 4 (no class Tues, July 1)

9:00am-12:00pm

Canada D'eh (ages 7&8) Golf Level 1 - A Slice of Fun (ages 7+) Girl Power (ages 10-12)

#### 1:00pm-4:00pm

Superheroes Camp (ages 5-7) Canada D'eh (ages 7&8) Girl Power (ages 10-12)

#### College Child Development Centre - FULL DAY

Week #1 - Wooohooo! School's Out! (ages 6-10)

#### **Sport & Wellness**

Half Day & Full Day Options Available PLAY Fun (ages 5-7) PLAY Sport (ages 8-10)

#### MONDAY-FRIDAY, JULY 7-11

#### 9:00am-12:00pm

Little Tykes - Pee Wee Picasso (ages 3&4), M/W or T/TH, 9:15am-11:45am Fairies in Flight (ages 5&6) Rainforest Adventures (ages 5-7) Ultimate Survivor (ages 6-8) Lego 101 (ages 7&8) Golf Level 2 - Hooked on the Game (ages 7+) THERATURE - Therapy Theatre for Children on the Autism Spectrum (ages 8-13), M-F, 9:00am-12:00pm-4 weeks TheActrics (ages 6-17), M-F, 9:00am-4:00pm-2 weeks Science Fair (ages 9+) Jedi Training (ages 9-12) Digital Flair (ages 10-12)

Leave Your Mark in the Park II (ages 15-17)

BIO: Bring It On! (ages 13+)

1:00pm-4:00pm For the Love of Lego (ages 5&6) Superheroes Camp (ages 5-7) Pirate Camp (ages 6-8) Bug Out Scientwists (ages 6-8) Somewhere Over the Rainbow Loom (ages 6+) Golf Level 1 - A Slice of Fun (ages 7+) Minute to Win It (ages 8-10) Robotics NXT Generation - Level 1 (ages 8-11) Cooking with Class (ages 13+) Make a Documentary Film with Your iPhone (ages 13+)

#### College Child Development Centre - FULL DAY

Week #2 - Fear Factor (ages 6-10)

#### **Sport & Wellness**

PLAY Run/Jump/Throw (ages 8-12), 9am-12pm PLAY F.A.M.E. (ages 9-14), 1pm-4pm

#### Conservatory

Making Music (ages 3-5), 9:30am-11:30am Music Creativity Camp (ages 6-8), 1pm-4pm Guitar Camp (ages 8+), 1pm-4pm Hip Hoppin', Movin' & Groovin' (ages 5-7), 9am-12pm

#### MONDAY-FRIDAY, JULY 14-18

Little Tykes - Lil'Scientists (ages 3&4),

M/W or T/TH, 9:15am-11:45am

#### 9:00am-12:00pm

Art Adventures (ages 5&6) Harry Potter (ages 7-10) Junk Box Wars (ages 9-12) Ultimate Survivor (ages 9-12) The Amazing Race II (ages 10-12) Sculpture: Idea to Object (ages 10-12) X-Treme Survivor (ages 13+)

Documentary Video for Teens (ages 13+)

#### Intro to Trades (ages 13-17)

#### 1:00pm-4:00pm

In the "Mix" (ages 5&6) Pop Star Academy (age 5-7) Time Warp (ages 5-7) Art Adventures (ages 7-9) Test Tube Science (ages 7-9)

Harry Potter (ages 7-10) Imagination Station (ages 8-10)

Stomp ART (ages 8-10)

Robotics NXT Generation - Level 1 (ages 8-11)

#### College Child Development Centre - FULL DAY

Week #3 - Pirates of the Coulees (ages 6-10)

#### **Sport & Wellness**

Half Day & Full Day Options Available PLAY Fun (ages 5-7) PLAY Sport (ages 8-10) PLAY Yoga (ages 4-12), 9am-12pm, Off Campus: 425A - 7 St SW PLAY Elite Athlete (ages 12-16), 1pm-4pm Conservatory

Summer Songbirds Choir Camp - Junior (ages 5-7), 9am-12pm Instrument Zoo, (ages 10-14), 9am-12pm Guitar Camp (ages 8+), 1pm-4pm Hip Hoppin', Movin' & Groovin' (ages 8-11), 1pm-4pm

#### MONDAY-FRIDAY, JULY 21-25

#### 9:00am-12:00pm

Little Tykes - Lil'Superheroes (ages 3&4), M/W or T/TH, 9:15am-11:45am Stirring up FUN (ages 5&6) Rainforest Adventures (ages 5-7) Ultimate Survivor (ages 6-8) The Amazing Race (ages 7-9) Golf Level 1 - A Slice of Fun (ages 7+) Gross Out Science (ages 7-10) Shutter Bug (ages 8-9) Jedi Training (ages 9-12)

Leave Your Mark in the Park (ages 13-14)

#### 1:00pm-4:00pm

Rescue Heroes (ages 5&6) Shiver Me Timbers (ages 5&6) Dino Discovery (ages 5&6) Cooking with Strawberry Shortcake (ages 5&6) Time Warp (ages 5-7) Make It Stick: Duct Tape Mania (ages 7-9) Golf Level 2 - Hooked on the Game (ages 7+) Science Fair (ages 9+) Digital Flair (ages 10-12) College Child Development Centre - FULL DAY

Week #4 - Stampede Week! (ages 6-10)

#### **Sport & Wellness**

PLAY Outdoors (ages 9-14), 9am-4pm

#### Conservatory

Music Creativity Camp (ages 6-8), 1pm-Summer Songbirds Choir Camp -Senior (ages 9-12), 9am-12pm Instrument Zoo, (ages 18+), 6pm-9pm Hip Hoppin', Movin' & Groovin' (ages 5-7),

Making Music (ages 3-5), 9:30am-11:30am

1pm-4pm

#### MONDAY-FRIDAY. JULY 28-AUGUSTI

#### 9:00am-12:00pm

Little Tykes - Building Buddies (ages 3&4), M/W or T/TH, 9:15am-11:45am

Art Adventures (ages 5&6)

Bravo! (ages 9-11)

Jedi Training (ages 9-12)

Ultimate Survivor (ages 9-12)

Sculpture: Idea to Object (ages 10-12)

Chef's School (ages 10-12)

Human Physiology: How the Body Works (ages 14+)

#### 1:00pm-4:00pm

For the Love of Lego (ages 5&6)

Astro Adventures (ages 5-7)

Stomp ART (ages 8-10)

Globe Trotters (ages 8-10)

Robotics NXT Generation - Level 1 (ages 8-11)

Camp CSI (ages 9+)

Dessert Wars (ages 9-12)

#### College Child Development Centre - FULL DAY

Week #5 - Get Ready! Get Set! Get Wet! (ages 6-10)

#### **Sport & Wellness**

Half Day & Full Day Options Available

PLAY Fun (ages 5-7)

PLAY Sport (ages 8-10)

#### Conservatory

Operetta (ages 13-18), 9am-12pm, M-TH

Hip Hoppin', Movin' & Groovin' (ages 8-11), 9am-12pm

#### TUESDAY-FRIDAY, AUGUST 5-8

(no class Mon, Aug. 4)

#### 9:00am-12:00pm

Little Tykes - The Great Outdoors (ages 3&4),

M/W or T/TH, 9:15am-11:45am

Under the Sea (ages 5&6)

Dino Discovery (ages 5&6)

Princess in Training Camp (ages 5&6)

a-MAZE-ing (ages 6-8)

Spy Science (ages 6-8)

Lego 101 (ages 7&8)

Boom Chicka Boom (ages 9-11)

Art Adventures (ages 10+)

Cooking with Class (ages 13+)

Human Physiology: How the Body Works (ages 14+)

#### 1:00pm-4:00pm

In the "Mix" (ages 5&6)

Rescue Heroes (ages 5&6)

a-MAZE-ing (ages 6-8)

Spy Science (ages 6-8)

Minute to Win It (ages 8-10)

Cooking with Class (ages 13+)

#### College Child Development Centre - FULL DAY

Week #6 - Junior Camp Chefs (ages 6-10)

#### **Sport & Wellness**

Half Day & Fun Day Options Available

PLAY Fun (ages 5-7)

PLAY Sport (ages 8-10)

#### Conservatory

Band Camp (ages 12-Adult), 9am-12pm

#### MONDAY-FRIDAY, AUGUST 11-15

#### 9:00am-12:00pm

Little Tykes - Lil' Princesses (ages 3&4),

M/W or T/TH, 9:15am-11:45am

Fairies in Flight (ages 5&6)

Art Adventures (ages 7-9)

Camp CSI (ages 9+)

Girls Rule (ages 9+)

Dessert Wars (ages 9-12)

Leave Your Mark in the Park II (ages 15-17)

#### 1:00pm-4:00pm

Stirring up FUN (ages 5&6)

Pop Star Academy (age 5-7)

Pirate Camp (ages 6-8)

Bug Out Scientwists (ages 6-8)

Somewhere Over the Rainbow Loom (ages 6+)

Imagination Station (ages 8-10)

Robotics NXT Generation - Level 2 (ages 101-12)

#### **College Child Developent Centre - FULL DAY**

Week #7 - Nature Nuts (ages 6-10)

#### **Sport & Wellness**

PLAY Outdoors (ages 9-14), 9am-4pm

#### **Sport & Wellness Rattler Sport Camps**

Junior High Basketball Co-Ed (grades 7-9), 9am-12pm High School Elite Basketball (grades 9-12), 4pm-8pm Senior High Volleyball Co-Ed (grades 10-12), 5pm-8pm

#### Conservatory

Band Camp (ages 12-Adult), 9am-12pm

#### MONDAY-FRIDAY, AUGUST 18-22

#### 9:00am-12:00pm

Little Tykes - Moving and Grooving (ages 3&4),

M/W or T/TH, 9:15am-11:45am

Cooking with Strawberry Shortcake (ages 5&6)

Harry Potter (ages 7-10)

Golf Level 2 - Hooked on the Game (ages 7+)

Gross Out Science (ages 7-10)

Junk Box Wars (ages 9-12)

The Amazing Race II (ages 10-12)

#### 1:00pm-4:00pm

Astro Adventures (ages 5-7)

Make It Stick: Duct Tape Mania (ages 7-9)

Shutter Bug (ages 8-9)

Globe Trotters (ages 8-10)

Bravo! (ages 9-11)

Cooking with Class (ages 13+)

#### College Child Developent Centre - FULL DAY

Week #8 - Mad Science (ages 6-10)

#### **Sport & Wellness**

PLAY Abilities (Grades 1-6), 9am-10:30am PLAY Abilities (Grades 1-6), 10:30am-12pm

#### **Sport & Wellness Rattler Sport Camps**

Soccer

The Early Touches Camp (grades 1-3), 9am-12pm

The Crafty Kickers Camp (grades 4-6), 9am-12pm

**Volleyball** 

Junior High Volleyball Co-Ed (grades 7-9), 9am-12pm Senior High Volleyball Co-Ed (grades 10-12), 5pm-8pm

#### MONDAY-FRIDAY, AUGUST 25-29

#### 9:00am-12:00pm

Princess in Training Camp (ages 5&6)

Test Tube Science (ages 7-9)

Boom Chicka Boom (ages 9-11)

Leave Your Mark in the Park (ages 13-14)

#### 1:00pm-4:00pm

The Amazing Race (ages 7-9)

Girls Rule (ages 9+)

#### College Child Developent Centre - FULL DAY

Week #9 - That's a Wrap (ages 6-10)





# COLLEGE CHILD DEVELOPMENT CENTRE

June 30 through August 29, 2014

Please note that our Summer Program is closed all statutory holidays.

ALL sessions held at Medicine Hat College Campus (Room number confirmed at registration)

\*Children must be 6 - 10 years old by June 30, 2014 or may be asked to withdraw from the program.

\*Verification of child's birth date may be requested.

Maximum Group Size: 24 children · Qualified Staff

#### **Monday to Friday**

START AND FINISH TIMES ARE EXACT

A: Option One: Weekly Sessions, 8:00am-4:30pm; \$160 **B: Option Two:** Choice of any Four Weekly Sessions, 8:00am-4:30pm; First Child: \$550

C: Option Two With Siblings:

Choice of any Four Weekly Sessions, 8:00am-4:30 pm; First Child: \$550, Additional Siblings: \$500 each

Please contact MHC Registration Services at 403.529.3844 if you require pre or post care.

Special Needs Children Welcome: Limited Enrollment - Special need must be identified at registration. Any children identified as special needs previously (P.U.F. Inclusive Care) and require an assistant MUST provide their own assistant for the Camp. The College Child Care Society of Medicine Hat must feel that all children will benefit from a safe and adequately supervised program. Please call the College Child Development Centre at 403.504.3694 to discuss this further.

Parents should arrive 10 minutes early to complete a registration package on the first day of attendance.

#### Things Your Child Needs EACH Day:

☐ hat	swimsuit	backpack
sunscreen	towel	☐ bag lunch
☐ bug spray	☐ water bottle	snacks
		(microwave and fridge provide

We sometimes do messy things, so please send your child in play clothes each day.

PLEASE NOTE: All outdoor activities are dependent upon weather conditions.

#### WEEK #1 - WOOOHOOO! SCHOOL'S OUT!

Let's make new friends and begin summer holidays with some summer fun! We'll have outdoor picnics, sidewalk chalk art, crafts, games, homemade bubbles, and go on a summery field trip. Join us! \* Please note: Camp will be closed July 1st for Canada Day.

#### Course ID: SA 0027

Mon & Wed-Fri, Jun 30 & July 2-4 (No class Tue, Jul 1), 8:00am-4:30pm

#### WEEK #2 - FEAR FACTOR

This week's experiences may be gross—but they should be fun! Slimy things! Gooey things! Also, trust walks and safe blindfold games make it challenging and exciting! You can even test the camp leaders-how brave are they? Come and try them all!

#### Course ID: SA 0009

Mon-Fri, July 7-11, 8:00am-4:30pm

#### WEEK #3 - PIRATES OF THE COULEES

Ahoy there! Arrrr you ready? Join us for pirate games, crafts, and activities. You'll learn what pirates ate and why maggots were often seen on pirate ships! Were there female pirates in days of old? All of this, plus playing at nearby Kin Coulee Park! Come aboard me buckos!

#### Course ID: SA 0002

Mon-Fri, July 14-18, 8:00am-4:30pm

#### WEEK #4 - STAMPEDE WEEK!

This week we celebrate our city's Exhibition & Stampede! Enjoy fun times like visiting Pioneer Village on the grounds and a taking a trip to Growing Minds-Neubauer Farms just outside of Medicine Hat. We'll eat a delicious pancake breakfast and do activities, crafts, and games that are all about this week's celebration. A real stompin' good time!

#### Course ID: SA 0014

Mon-Fri, July 21-25, 8:00am-4:30pm

#### WEEK #5 - GET READY! GET SET! GET WET!

Yes, this is water week! Water games and fun galore-doing the limbo under the hose, batting water balloons, and more! Can you suggest water games to share that you've had fun with before? Oh! Did we mention the water parks? This week should be "buckets of fun!"

#### Course ID: SA 0030

Mon-Fri, July 28-Aug 1, 8:00am-4:30pm

#### WEEK #6 - JUNIOR CAMP CHEFS

Shhh... the ingredients are secret! With your team of junior chefs, you'll open a mystery basket of foods. What can you create for us to eat with the mystery foods inside? Also this week, we'll visit a local eatery and create something visual to share what we saw there. Oh! A frozen treat? We'll make that, too!

#### Course ID: SA 0028

Tue-Fri, Aug 5-8, 8:00am-4:30pm

#### WEEK #7 - NATURE NUTS

There's a lot of nature in our prairie land! Walking, exploring under rocks, visiting natural habitats, and more! In between our explorations, we'll do nature crafts and activities. Come and get some fresh air and exercise!

#### Course ID: SA 0005

Mon-Fri, Aug 11-15, 8:00am-4:30pm

#### WEEK #8 - MAD SCIENCE

A week of fun science experiments! You may not realize it, but science is right under your nose every day! We'll test things, try things, and compare things to see what the results are. If you have a safe & interesting experiment to share, we can show the rest of the group! Science is so exciting!

#### Course ID: SA 0029

Mon-Fri, Aug 18-22, 8:00am-4:30pm

#### WEEK #9 - THAT'S A WRAP

We'll have a sharing circle to find out what we liked most about our summer, what we look forward to about school (there has to be something!), and what school everyone is going to. We'll wrap up our summer camp with friends new and old, playing music and games, going to parks, having a cool treat, and more! So, put on your smiles and come and join us-the more the merrier!

#### Course ID: SA 0006

Mon-Fri, Aug 25-29, 8:00am-4:30pm







#### PEE WEE PICASSO

Ages 3&4. Dress for mess and artistic success! Explore the world around you, make works of art from everyday objects and bring home masterpieces. Ready, set, create! Instructor: Danica Letkeman

#### Course ID: SS 0042

A: Mon & Wed, July 7 & 9, 9:15am-11:45am, \$49; E150 B: Tue & Thur, July 8 & 10, 9:15am-11:45am, \$49; E150

## LIL' SCIENTISTS NE



Ages 3&4. Let's explore the wonderful world of weather and nature. Learning about clouds, wind, water, rocks and lots more! There will also be fun experiments; lots to do and learn. Instructor: Danica Letkeman

#### Course ID: SS 0047

A: Mon & Wed, July 14 & 16, 9:15am-11:45am, \$49; E150 B: Tue & Thur, July 15 & 17, 9:15am-11:45am, \$49; E150

#### LIL' SUPERHEROES

Ages 3&4. In this fun camp, super kids will have an adventurous week enjoying games, crafts, and more to help superhero kids have a super time! Instructor: Danica Letkeman

#### Course ID: SS 0046

A: Mon & Wed, July 21 & 23, 9:15am-11:45am, \$49; E150 B: Tue & Thur, July 22 & 24, 9:15am-11:45am, \$49; E150

#### BUILDING BUDDIES



Ages 3&4. Join us for a week of building and creating! Using Mega Blocks and other building blocks, be amazed at what we can construct. Have fun using blocks in many ways, let your imagination soar! Instructor: Danica Letkeman

#### Course ID: SS 0048

A: Mon & Wed, July 28 & 30, 9:15am-11:45am, \$49; E150 B: Tue & Thur, July 29 & 31, 9:15am-11:45am, \$49; E150

#### THE GREAT OUTDOORS

Ages 3&4. Get out of the classroom and discover what lives outside - animals, plants, and bugs! Instructor: Danica Letkeman

#### Course ID: SS 0043

A: Tue & Thurs, Aug 5 & 7, 9:15am-11:45am, \$49; E150 B: Wed & Fri, Aug 6 & 8, 9:15am-11:45am, \$49; E150

#### LIL' PRINCESSES

Ages 3&4. Princess Camp is designed for girls who are into everything princess, pink, and sparkly! Princess-themed crafts, and royal games are just some of the fun! Instructor: Danica Letkeman

#### Course ID: SS 0045

A: Mon & Wed, Aug 11 & 13, 9:15am-11:45am, \$49; E150 B: Tue & Thur, Aug 12 & 14, 9:15am-11:45am, \$49; E150

#### MOVING & GROOVING

Ages 3&4. Belt out tunes, groove to the music, and act...silly, of course! Have a blast playing dancing games and singing songs. Instructor: Danica Letkeman

#### Course ID: SS 0044

A: Mon & Wed, Aug 18 & 20, 9:15am-11:45am, \$49; E150 B: Tue & Thur, Aug 19 & 21, 9:15am-11:45am, \$49; E150



#### ART ADVENTURES

Ages 5&6. Ready for an adventure in creativity? Get messy with watercolour and acrylic paints. Experiment with printmaking and sponge painting. Create masterpieces with dot and shaded line drawing. Discover the artist in you! Instructor: Katrina Simpson

#### Course ID: SS 0018

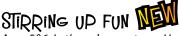
A: Mon-Fri, July 14-18, 9:00am-12:00pm, \$119; E149 B: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm, \$119; E149

## IN THE "MIX" NE

Ages 5&6. Sometimes it is hard to pick just one thing to do. This camp is all about doing a little bit of everything! There will be arts and crafts, games, nature walks, music, science and more. You will also get to meet some new friends and have a lot of excitement along the way. So put that summer boredom away and come and have some fun with us! Instructor: Marlo Scherger

#### Course ID: SS 0001

A: Mon-Fri, July 14-18, 1:00pm-4:00pm - 5 days, \$119; F1008 B: Tues-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$109; E149



Ages 5&6. Let's cook up a storm. Have fun playing games and get familiar with kitchen basics, kitchen safety and how to make healthy snacks and meals. And of course, we will eat and share our creations. Let's make our taste buds happy! Instructor: Hailey Gale

# Course ID: SS 0086 A: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; E160/161 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$119; E160/161

## RESCUE HEROES NEW

Ages 5&6. Do you know all the "Rescue Heroes" in your Community? This week we will explore and learn about these everyday heroes. Be ready to learn and discover as we will play some games, participate in lots of fun activities and we might even have a special guest visit us during the week. This week you will also learn what it takes to be a "Rescue Hero". Instructor: Sara Heidinger

#### Course ID: SS 0003

A: Mon-Fri, July 21-25, 1:00pm-4:00pm - 5 days, \$119; E174/175 B: Tues-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$109; E174/175

## FOR THE LOVE OF LEGO



Ages 5&6. Do you love to build and create? Join us for a week of construction. Using Lego and other building blocks, we will design and build structures and other devices. We will also do some art and other stimulating activities that focus around Lego! Be astonished at what you can create with some Lego and your ideas. Instructor: Danica Letkeman

#### Course ID: SS 0005

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$119; F1009 B: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$119; F1008

#### SHIVER ME TIMBERS N



Ages 5&6. Have you ever wanted to build a snowman in the Summertime? This camp is all about winter and all the fun things that happen during that season. We will do art and crafts using snow and ice, we'll play some wintery games and we will even build a snowman. If you are full of curiosity and have a love for the snowy season, this camp is especially for you! And don't forget your mittens, you might need them. Instructor: Danica Letkeman

#### Course ID: SS 0101

Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; F1008

#### UNDER THE SEA

Ages 5&6. Why does an octopus turn red? How many teeth does a great white shark have? How does a fish breathe under water? Explore with us under the Sea! We will make our own ocean - and discover what lies at the edge of the beach or in the sea. Investigate the underwater world using water play, crafts, stories, songs and games! Instructor: Bernice Bonneau

#### Course ID: SS 0034

Tues-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; E149

#### DINO DISCOVERY

Ages 5&6. Journey to the land of the dinosaur! Travel back through time making big dinosaur prints, excavating a mini bone bed and examining real fossils as we explore the world of the Tyrannosaurus Rex. Learn about dinosaurs and create great dino crafts while making friends and having fun. Instructor: Marlo Scherger

#### Course ID: SS 0016

A: Mon-Fri, July 21-25, 1:00pm-4:00pm - 5 days, \$119; L152 B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; L152

#### FAIRIES IN FLIGHT

Ages 5&6. Welcome enchanted ones! The Head of Fairyland awaits the arrival of all the new fairies. Join her in Fairyland for a fun week of songs, games, crafts, and stories and she will bestow upon you your fairy wings and wand. Dress up if you'd like! Instructor: Bernice Bonneau

#### Course ID: SS 0012

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; E171/172 B: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$119; E171/172

#### PRINCESS IN TRAINING CAMP

Ages 5&6. Princess Camp is designed for girls who are into everything princess, pink, and sparkly! Tiara-topped crafts, princess-themed colouring, and royal games are just some of the fun that leads to the end-of-the-week dress-up tea party. Instructor: Amanda Tarnasky

#### Course ID: SS 0134

A: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; E171/172 B: Mon-Fri, Aug 25-29, 9:00am-12:00pm - 5 days, \$119; E171/172

## COOKING WITH STRAW-

BERRY SHORTCAKE

Ages 5&6. Join Strawberry Shortcake in the kitchen as she whips up some captivating creations. Fruit kabobs, strawberry bread, and other culinary delights combined with fruit prints and other great cooking crafts will make this camp delicious and educational. We'll top the week off with a special "Strawberry Tea". \*\*NOTE: Any food allergies must be identified at time of registration. Instructor: Amanda Tarnasky

#### Course ID: SS 0002

A: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; E160/161

B: Mon-Fri, Aug 18-22, 9:00am-12:00pm, \$119; E160/161

# Reading, Writing, Math Camps

Each day campers participate in the Reading or Writing Method for one hour, sports and games for one hour, and reading or writing activities for the third hour. Led by certified instructors, the camp offers a well-balanced, research-based program that provides specific strategies for remediation and enrichment to improve success and build confidence in reading and writing. Math Camp follows a similar format. A diagnostic pre-screening assessment will be completed prior to camp to identify your child's specific needs and placement. Participants will be placed in groups of 3 - 5 children.

**Registration:** reading.camp@yahoo.ca Location: TBA

Each camp: \$289

July 14-18, 2014 July 21-23, 2014

Camp 1 – Reading Camp 2 – Writing 9:00am-12:00pm 12:45pm-3:45pm

July 14-18, 2014

Ages: Entering K-gr. 7 Ages: Entering gr. 1-7 Wed: 9:00am-12:00pm

Camp 3 – Math Camp M&T 9:00am-3:45pm Ages: Entering K-gr. 7

## ASTRO ADVENTURES NEW

Ages 5-7. 3...2...1...BLAST OFF! This camp is sure to take you to infinity and beyond. You will first have to design and build a spaceship to take you to all these wondrous places. Once we are at our destination, we will learn about space, planets and stars through games, crafts and other fun activities. Don't miss out on this voyage into deep space! Instructor: Rachel Landry

#### Course ID: SS 0052

A: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$119; E174/175 B: Tues-Fri, Aug 18-22, 1:00pm-4:00pm, \$119; E177

#### RAINFOREST ADVENTURES

Ages 5-7. Jump into a week of exciting hands-on fun exploring the amazing rainforest. Make new discoveries about the plants, animals and foods of the rainforest. Create animal projects, build your own terrarium, make a rain stick, crack open a coconut, and experience tropical fruits. Every day is a fun day in the rainforest.

Instructor: Katrina Simpson

#### Course ID: SS 0029

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; E174/175 B: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; E149

#### POP STAR ACADEMY

Ages 5-7. Rock out like a pop star in this energetic camp. This camp will have everyone rock 'n' rollin' to their favourite pop star songs. Students will enjoy dressing up, creating cool crafts and dancing to pop star favourites like the Jonas Brothers, Hannah Montana, and High School Musical. Camp will conclude with a Pop Star Concert for family and friends on the last day. Instructor: Amanda Tarnasky

#### Course ID: SS 0032

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; E174/175 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$119; E174/175

## TIME WARD NEW

Ages 5-7. If you are want total adventure, join us for a week of time travelling! We will make our very own time machine and once we step inside, get ready for a journey you won't forget. During the week, we will explore different times in history. We might go back to when dinosaurs roamed the earth or maybe we'll end up in the 60's when disco and tie dying were groovy. Let's go on an epic voyage together! Instructor: Rachel Landry

#### Course ID: SS 0102

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; F1009 B: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; F177

#### SUPERHEROES CAMP

Ages 5-7. Holy Heroes Batman and Batgirl, let's go up, up and awaaaay! In this fun camp, super kids will learn how to make their own Super-Hero cape costume and have an adventurous week enjoying games, crafts, and more to help superhero kids have a super time! Instructor: Christina Schmidt

#### Course ID: SS 0020

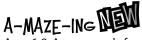
A: Mon & Wed-Fri, June 30-July 4 (no class Tues, July 1), 1:00pm-4:00pm - 4 days, \$109; E171/172 B: Mon-Fri, July 7-11, 1:00pm-4:00pm - 5 days, \$119; E171/172

#### PIRATE CAMP

Ages 6-8. Beware Young Buccaneers, if it is a Pirate life for ye' then our Pirate Camp is what it should be. Come have a cannonball blast of a time learning about pirates. "X" marks the spot on buried treasure, so hike through the coulees to find yours! Create unforgettable art projects and play pirate games in the captain's quarters. Get ready for a week of high adventure fun. Instructor:

#### Course ID: SS 0028

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$119; E174/175 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$119; E171/172



Ages 6-8. Are you ready for a camp that mixes creativity and movement? You will be busy designing a large scale obstacle course. Using other ideas and designs will help you to create an obstacle course that will challenge any obstacle course expert. Of course we will try it out when it's all done and if there is time, we will invite others to test it out. Instructor: Randi Hoffman

#### Course ID: SS 0010

A: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; E177 B: Tue-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$109; E177

#### BUG OUT SCIENTWISTS

Ages 6-8. Bugs and Nature and Rocks...oh my! This week you will be exploring nature, going



bug hunting, investigating rocks and minerals, and will go geocaching. You will get to use microscopes and other tools to have a closer look and learn all about the wonders of nature. We will even make some crafts and play games. This camp is all about science with a big twist of FUN! Instructor: Marlo Scherger

#### Course ID: SS 0050

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$119; L154 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$119; E154

#### SPY SCIENCE

Ages 6-8. No adults allowed! Aspiring Spy Kids will hone their tradecraft. Learn from real "spies", and hit the streets to run training missions. You will get to develop a disguise for cover, make and break codes, create and use spy gadgets, use specialized equipment in an outdoor training mission and, of course, uncover the science behind spying. Instructor: Rachel Landry

#### Course ID: SS 0057

A: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; F1009 B: Tue-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$109; F1009

#### ULTIMATE SURVIVOR

Ages 6-8. Do you have what it takes to outwit, outplay, outlast? Just like on TV, campers will form tribes and use teamwork to compete in scavenger hunts, obstacle courses, mental challenges and other games. Campers should come dressed for the outdoors in clothes that are acceptable to get dirty and/or wet with proper shoes that cover the entire foot. Instructor: Rachel Landry

#### Course ID: SS 0082

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; E177

B: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; E177



#### SOMEWHERE OVER THE RAINBOW LOOM N

Ages 6+. Come and join us for a week of fun and let your creative juices flow! This class is for you if you are NEW to Rainbow Loom OR if you've already caught the fever and just love making these fun bracelets! We will also try out some of the other astounding creations that you can make with rainbow loom. The supplies will be provided and each student will take home their own Rainbow Loom. All you need to bring is your imagination and willingness to learn. Instructor: Rachel Landry

#### Course ID: SS 0103

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$135; F1008 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$135; E166

#### LEGO |O|

Ages 7&8. Want to think, design, and create? Use pulleys and levers, build bridges, and master feats of engineering with Lego. The only limit is your imagination! Instructor: Christina Schmidt

#### Course ID: SS 0017

A: Mon-Fri, July 7-11, 9:00am-12:00pm - 5 days, \$119; B241 B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; B241



#### CANADA D'EH

Ages 7&8. Let's celebrate our AWESOME country! This week is a short one but will not be short on fun. During this exciting week, we will play games, create art and explore everything that is Canada. It's like having a Canada Day celebration all week long! Instructor: Randi Hoffman

#### Course ID: SS 0104

A: Mon & Wed-Fri, Jun 30-July 4 (no camp Tue July 1), 9:00am-12:00pm - 4 days, \$109; E160/161 B: Mon & Wed-Fri, Jun 30-July 4 (no camp Tue July 1), 1:00pm-4:00pm - 4 days, \$109; E160/161

#### ART ADVENTURES

Ages 7-9. Ready to go on a sketching adventure? Draw with charcoal, chalk, and oil pastel. Paint with watercolour and acrylic paint. Experiment with simple printmaking techniques, and explore the basics of drawing. Instructor: Katrina Simpson

#### Course ID: SS 0024

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; E149 B: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$119; E149

## THE AMAZING RACE NEW

Ages 7-9. Join us for a week of exciting and stimulating activities. Are you up to the challenge of our amazing roadblocks, which include 'worm' and 'dirt' eating, mini boot camp, mystery solving, obstacle training, & other crafty activities? Prepared to be amazed at what you can do... The world is waiting for you. Travel safe... Ready, Set, GO! Instructor: Jaymi Mudrak

#### Course ID: SS 0105

A: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; E174/175 B: Mon-Fri, Aug 25-29, 1:00pm-4:00pm, \$119; E171/172

## TEST TUBE SCIENCE **NEW**

Ages 7-9. Kaboom, fizzle, pop, WOW! This week is all about science experiments. Using basic kitchen ingredients, you will get to mix different elements together to see what kind of reaction they have. The Erupting Bubbling Blob and Dancing Beads is just a couple of the experiments you will be doing. You better be prepared because this camp will be oozing with fun! Instructor: Hailey Gale

#### Course ID: SS 0106

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; L152 B: Mon-Fri, Aug 25-29, 9:00am-12:00pm, \$119; L152

## MAKE IT STICK: DUCT TAPE MANIA WEW

Ages 7-9. Creativity is the name of the game and duct tape will be your claim to fame! Be the envy of all your friends as you learn how to make all sorts of creations from duct tape. And it doesn't stop there, with all the colours and designs of duct tape, you will be sure to use all your creative powers. You will never look at a roll of tape the same. Instructor: Hailey Gale

#### Course ID: SS 0107

A: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; E149 B: Mon-Fri, Aug 18-22, 1:00pm-4:00pm, \$119; L171/172



#### GOLF LEVEL I - A SLICE OF FUN

Ages 7+. Learn the basic fundamentals of the game while participating in fun games and contests with quality CPGA instruction. Notes will be given to take home on everything covered in class. A small snack will be provided each day, with a wind-up lunch party on Friday. Alternative golf-related activities are scheduled in the event of weather-related delays. No previous golf experience is required. Students should bring their own clubs, sun hats, water bottles, sunscreen & jackets. Max: 12 participants. Instructor: Trevor Moore, CPGA

#### Course ID: SS 0021

A: Mon & Wed-Fri, Jun 30 & July 2-4, 9:00am-12:00pm - 4 days,

B: Mon-Fri, July 7-11, 1:00pm-4:00pm - 5 days, \$214 C: Mon-Fri, July 21-25, 9:00am-12:00pm - 5 days, \$214

Off Campus: Cottonwood Coulee Golf Course

#### GOLF LEVEL II - HOOKED ON THE GAME

Ages 7+. This program is an excellent follow up to Golf Level 1. We will review all the basic fundamental aspects of the game while participating in fun contests, games and practice, with quality CPGA instruction. Notes will be given to take home on everything covered in the class. A small snack will be provided each day, with a wind-up lunch party on Friday. Alternative golf-related activities are scheduled in the event of weather-related delays. Golf Level 1 or equivalent golfing experience is a prerequisite. Students should bring their own clubs, sun hats, water bottles, sunscreen & jackets. Max: 12 participants. Instructor: Trevor Moore, CPGA



#### **Course ID:** SS 0063

A: Mon-Fri, July 7-11, 9:00am-12:00pm -5 days, \$214 B: Mon-Fri, July 21-25, 1:00pm-4:00pm -5 days, \$214 C: Mon-Fri, Aug 18-22, 9:00am-12:00pm 5 days, \$214 **Off Campus:** Cottonwood **Coulee Golf** Course

#### HARRY POTTER

Ages 7-10. The most exciting Harry Potter Summer yet! Our camp is packed with wizarding fun! The professor kicks off the camp by sorting the first years into one of four houses - Gryffindor, Ravenclaw, Hufflepuff, or Slytherin. From there, young wizards magically spend their days concocting potions, practicing spells, and earning house points. Get ready to have adventures within the forbidden forest, partake in a wizard chess tournament, and play Quidditch – as realistically as possible sans flying brooms! Instructor: Bernice Bonneau

#### Course ID: SS 0031

A: Mon-Fri, July 14-18, 9:00am-12:00pm, \$119; E160/161 B: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; E160/161 C: Mon-Fri, Aug 18-22, 9:00am-12:00pm, \$119; E149

#### GROSS OUTSCIENCE

Ages 7-10. If you like ooey gooey, slippery, slimy, smell bad, look disgusting, bacteria growing kind of science that makes people scream with delight, then this is the camp for you. Only certified kid grossologists will be able to handle the adventures contained here. Come prepared to get messy and discover a whole new level of "YUCK"!! Instructor: Rachel Landry

#### Course ID: SS 0138

A: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; L152 B: Mon-Fri, Aug 18-22, 9:00am-12:00pm, \$119; L152

## SHUTTER BUG

Ages 8-9. Love capturing the moment? Discover the fun and possibilities of your digital camera. Learn the art of getting the best shots available and then use the computer

> learn a new technique and photography skill. This camp will challenge, encourage, motivate and inspire your creative freedom. You will also get to prepare your own digital scrapbook! PLEASE NOTE: Participants must bring their own digital cameras, appropriate cables and batteries (if

to create unique photos. Each day we will

necessary). Basic to advanced SLR digital cameras are acceptable. Computer skills are an asset. Instructor: **Brian Heidinger** 

#### Course ID: SS 0061

A: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; B: Mon-Fri, Aug 18-22, 1:00pm-4:00pm, \$119: B227



## THERATRE - THERAPY THEATRE FOR CHILDREN ON THE AUTISM SPECTRUM

This 4 week camp is for children ages 8-13, with Autism Spectrum Disorder and their assistant/guardian. Children will learn valuable socialization skills utilizing elements of acting, music, movement, and storytelling in a theatre setting. These elements will be brought to life incorporating the interests and abilities of the participants culminating in a showcase at the end of the fourth week. There is an application process for this camp to ensure a positive experience for all involved. Those applying will be contacted for a brief interview to discuss the camp expectations and requirements. Maximum Number of Participants: 10. Deadline for applications is Monday, June 16/2014.

#### Instructors:

Lilas Litousky received her formal theatrical training at the Douglas College Theatre; and completed her Bachelor of Education in April 2014. She also instructs Music Mites (music program for toddlers) and is currently the President for Hatterland Childrens Theatre in Medicine Hat. Lilas also co-founded the Medicine Hat Autism Support Association due to her experiences with her own son who was diagnosed in with autism and her involvement in the Education system.

Claire Goodfellow, with a MA in Drama in Education and a BA in Fine Arts (interdisciplinary), has accumulated over 20 years of teaching drama, art and interdisciplinary arts both in Canada and in Europe. At present, Claire is an instructor at Medicine Hat College, a board member on the Interact Theatre Society and the Arts and Heritage Advisory Board as well as sitting on Public Art Committee in Medicine Hat.

#### Course ID: SS 0014

Mon-Fri, July 7-Aug 1, 9:00am-12:00pm - 4 weeks, \$459; RR#1, Black Box Theatre, Cultural Centre

#### THEATRICS SUMMER CAMP

Ages 6-17. Drama, music & dance combine with all aspects of theatre to bring the following musical to production. Students will help create props, costumes, and sets as well as dance, sing and act. Fun for all ages!! Older students mentor the younger students and encourage their dramatic skills. A performance will be held on the final Friday of the camp.

- \*\*Some reading required.
- \*\*Children should bring a bag lunch.
- \*\*NO REFUNDS will be made after classes start!

#### **Shakespeare Comes to Calamity Creek**

Book by Tim Kelly; Music and Lyrics by Bill Francoeur

Ah, Shakespeare in the...Old West?! Noble Hart, a conceited actor, arrives in the small mining town of Calamity Creek determined to bring culture to the locals. His troupe of actors is enough to make a playwright cry. The one exception is the lovely Sunny Day. She falls for Texas Ranger Johnny Lasso, who's hot on the trail of a notorious crook masquerading under the name of Gentleman Dan, whose true identity is unknown. It's almost as if he was a master of disguise, like... an actor, perhaps? The troupe's arrival thrills the townspeople, except Abagail Pettigrew, the richest person in town. She's harboring a dark secret about her former occupation. Some stranded dancers, a few would-be outlaws and striking gold miners, and you've just set the stage for a wild musical bonanza!

#### Instructors:

*Deborah Deans*, ARCT in Speech and Drama. Local private speech arts instructor, director and actress, with many years of experience in community theatre, especially for children.

*Allison Kapcala*, ARCT in Music. Local private piano instructor, experienced in musical theatre and productions for children.

#### Course ID: SS 0100

Mon-Fri, July 7-18, 9:00am-4:00pm, \$350 MHC Theatre / Dressings Rooms & Courtyard



## MINUTE TO WIN IT NEW

Ages 8-10. Think you can do it? You have a minute to win it! If you think you are up to the challenge, we want you to join us for an exciting and entertaining week. Some of the challenges will be done in teams and others will be solo. We will also give you opportunities to practice some of the challenges before we put you to the test. There will a variety of tasks; some will be easy and others will be very tricky. If you want to earn some prizes and bragging rights, this is the camp for you! Instructor: Jaymi Mudrak

#### Course ID: SS 0108

A: Mon-Fri, July 7-11, 1:00pm-4:00pm - 5 days, \$119; E177 B: Tue-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$109; E171/172

## IMAGINATION STATION NEW

Ages 8-10. The name says it all; this will be a camp like no other. Please bring your creativity, imagination, and some inspiration. Each day you will be surprised to see the "beautiful junk" you will get to use to make into beautiful art and creations. You will also be challenged to make different creations as there will be an art gallery showing on our final day of camp. Get ready to ignite your imagination! Instructor: Jaymi Mudrak

#### Course ID: SS 0109

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; E171/172 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$119; E149

## STOMP ART NEW

Ages 8-10. This is a camp for you to really use your imagination and emotions to create art that really moves you. Using various types of mediums and materials you will explore how music makes you feel, and what it might look like in a physical representation. Hearing the music before you create and designing the art around it or use an emotion or song you have or know to make the art. You will use all types of materials such as paper, Styrofoam, wood, and cardboard; using items like the traditional paint brush all the way to your hands and feet. The medium consists of anything from pencils and chalk pastels, to crayons and spray paint. Instructor: Randi Hoffman

#### Course ID: SS 0110

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; E177 B: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$119; E149

## GLOBE TROTTERS NO

Ages 8-10. Be prepared to learn and discover in this camp. Each day we will focus on a different country. We will learn as much as we can about these countries through their unique music, dance, art, games and even food. It will be like taking a trip around the world in one week. Buckle your seatbelts as this will be a fast ride. Instructor: Sara Heidinger

#### Course ID: SS 0111

A: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$119; E171/172 B: Mon-Fri, Aug 18-22, 1:00pm-4:00pm, \$119; E174/175

## ROBOTICS NXT GENERATION -



Ages 8-11. Enter the robot laboratory where you will design, build, and move your own machines using LEGO NXT Generation robotic kits and software. Learn about the principles of programming and mechanics as well as learn how to program different sensors. Then build your robot and bring it to life – create it, then control it! Instructor: Brandon Robinson

#### Course ID: SS 0056

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$159; B241 B: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$159; B241 C: Mon-Fri, July 28-Aug 11, 1:00pm-4:00pm, \$159; B241

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Ages 9+. Campers become lab techs to discover how science catches cheaters. Experience a day in the life of a drug-testing lab technician. Outfitted in your lab coat, you will also learn how doctors diagnose and treat some sport-related injuries including matching x-rays to patients, and ankle taping. But wait! There's been a murder in the athlete's village and it's up to you to ID the suspect using forensic science - including bite impressions, fingerprinting, and DNA extractions. Instructor: Marlo Scherger

#### Course ID: SS 0055

A: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$129; L152 B: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$129; L152

## SCIENCE FAIR NEW

Ages 9+. Put your thinking cap on! It's time to be creative, learn new skills, work with others and express your interest in Science. In one week, you will come up with a Science Fair idea and using your creativity, you will put that idea into action so you can participate in our mini Science Fair on the last day of camp. Prepared to be challenged while doing something rewarding and inspiring!

#### Course ID: SS 0112

Instructor: Jaymi Mudrak

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; L154 A: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; L154

## GIRLS RULE NEW

Ages 9+. Science will be explored through chemistry, technology, engineering, and biology. Because this camp is only for girls, we will also encourage them to hurdle some of the barriers that have traditionally prevented girls from pursuing careers in these fields. We will be using hands-on activities, experiments, team building, career awareness and mentor presentations to show girls what a future in science can offer them. Instructor: Hailey Gale

#### Course ID: SS 0113

A: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$129; L154 B: Mon-Fri, Aug 25-29, 1:00pm-4:00pm, \$129; L154

## BOOM CHICKA BOOM NEW

Ages 9-11. If this camp seems like a lot of fun and games, that's because it is! You will laugh out loud, be surprised, act silly, and make some noise. In a friendly environment, you will participate in many different drama games and even try some improvisation. Be ready to come out of your shell; tons of fun guaranteed! Instructor: Jaymi Mudrak

#### Course ID: SS 0114

A: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; E174/175 B: Mon-Fri, Aug 25-29, 9:00am-12:00pm - 5 days, \$119; E174/175

## BRAVO! NEW

Ages 9-11. In this unique drama camp, we will have some fun recreating some familiar stories by adding a modern twist! In one week, we will learn the stories that we'll be acting out, have mini auditions (everyone is guaranteed a part!), work on set design and costume design, and on the final day we will take the stage and perform our plays. This will be a busy week but will also be full of excitement! Instructor: Jaymi Mudrak

#### Course ID: SS 0115

A: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm, \$119; E177

B: Mon-Fri, Aug 18-22, 1:00pm-4:00pm, \$119; E150

## JUNK BOX WARS NEW

Ages 9-12. What can you create with a box of "junk"? Do you think you can create a device that

will launch a bouncy ball at a target to earn points? We are challenging you to use your imagination, problem solving skills, creativity and a box of "junk" to create a variety of contraptions that perform an assortment of tasks. Working within a team, each day will begin a new challenge and before the day is over, we will test out each contraption to see how they measure up. If you think you are up to the task, we want to see you in this camp!

#### Course ID: SS 0116

A: Mon-Fri, July 14-18, 9:00am-12:00pm, \$119; E174/175 B: Mon-Fri, Aug 18-22, 9:00am-12:00pm, \$119; E174/175

## JEDI TRAINING NE

Ages 9-12. Do you have what it takes to become a Jedi and learn the ways of the force? In one week, you will be taught skills by a Jedi master. You will test your Jedi Stealth, join the Planetary Olympics and will even make your own Light Saber. By the end of this week, you will be able to join forces with Luke Skywalker, Hans Solo and Princess Leia... the force is strong with you! Instructor: Marlo Scherger

#### Course ID: SS 0117

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; F1008 B: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; F1008 C: Mon-Fri, July 8-Aug 1, 9:00am-12:00pm, \$119; F1008

#### ULTIMATE SURVIVOR

Ages 9-12. Do you have what it takes to outwit, outplay, outlast? Just like on TV, campers will form tribes and use teamwork to compete in scavenger hunts, obstacle courses, mental challenges and other games. Campers should come dressed for the outdoors in clothes that are acceptable to get dirty and/or wet with proper shoes that cover the entire foot. Instructor: Rachel Landry

#### Course ID: SS 0118

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$129; F1009 B: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm, \$129; E171/172

## DESSERT WARS

Ages 9-12. Do you have a sweet tooth and craving to participate in some friendly competition? Join us for a week of baking some decadent desserts. We will try out some new and favorite recipes. On our last day, we will put our baking to the test and have a "bake off" to see what desserts are ranked supreme. Instructor: Jaymi Mudrak

#### Course ID: SS 0119

A: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$129; E160/161 B: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$129; E160/161

#### GIRL POWER

Ages 10-12. This is sure to be the highlight of your summer break! Girls will spend the week

focusing on topics such as self-esteem, communication skills, goal setting, fitness and friendships. Each day girls will participate in fun and meaningful activities. Self-care components will include manicures, pedicures, fitness and more. Be happy with who you are and find your inner Girl Power! Instructor: Jaymi Mudrak

#### Course ID: SS 0120

A: Mon & Wed-Fri, Jun 30-July 4 (no camp Tues, July 1), 9:00am-12:00pm, \$119; E174/175 B: Mon & Wed-Fri, Jun 30-July 4 (no camp Tues, July 1), 1:00pm-4:00pm, \$119; E174/175

## DIGITAL FLAIR NEW

Ages 10-12. Learn the basics of photography and we will show you how to properly use your camera in a fun atmosphere. This week we will be looking at nature, architecture, portrait, black & white photography, action and more. Using computers, we will also explore creative techniques to enhance your photos. You will also be making a digital scrapbook. PLEASE NOTE: Participants must bring their own digital cameras, appropriate cables and batteries (if necessary). Basic to advanced SLR digital cameras are acceptable. Computer skills are an asset. Instructor: Brian Heidinger

#### Course ID: SS 0121

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; L154 B: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; L154

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#### ASTRO ADVENTURES

Ages 5-7.3...2...1...BLAST OFF! This camp is sure to take you to infinity and beyond. You will first have to design and build a spaceship to take you to all these wondrous places. Once we are at our destination, we will learn about space, planets and stars through games, crafts and other fun activities. Don't miss out on this voyage into deep space! Instructor: Rachel Landry

Course ID: SS 0052

A: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$119; E174/175 B: Tues-Fri, Aug 18-22, 1:00pm-4:00pm, \$119; E177

#### BUG OUT SCIENTWISTS

Ages 6-8. Bugs and Nature and Rocks...oh my! This week you will be exploring nature, going bug hunting, investigating rocks and minerals, and will go geocaching. You will get to use microscopes and other tools to have a closer look and learn all about the wonders of nature. We will even make some crafts and play games. This camp is all about science with a big twist of FUN! Instructor: Marlo Scherger

Course ID: SS 0050

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$119; L154 B: Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$119; E154

#### SPY SCIENCE

Ages 6-8. No adults allowed! Aspiring Spy Kids will hone their tradecraft. Learn from real "spies", and hit the streets to run training missions. You will get to develop a disguise for cover, make and break codes, create and use spy gadgets, use specialized equipment in an outdoor training mission and, of course, uncover the science behind spying. Instructor: Rachel Landry

Course ID: SS 0059

A: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; F1009 B: Tue-Fri, Aug 5-8, 1:00pm-4:00pm - 4 days, \$109; F1009

#### LFGO O

Ages 7&8. Want to think, design, and create? Use pulleys and levers, build bridges, and master feats of engineering with Lego. The only limit is your imagination! Instructor: Christina Schmidt

Course ID: SS 0017

A: Mon-Fri, July 7-11, 9:00am-12:00pm - 5 days, \$119; B241 B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$109; B241

#### TESTTUBE SCIENCE

Ages 7-9. Kaboom, fizzle, pop, WOW! This week is all about science experiments. Using basic kitchen ingredients, you will get to mix different elements together to see what kind of reaction they have. The Erupting Bubbling Blob and Dancing Beads is just a couple of the experiments you will be doing. You better be prepared because this camp will be oozing with fun! Instructor: Hailey Gale

Course ID: SS 0106

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$119; L152 B: Mon-Fri, Aug 25-29, 9:00am-12:00pm, \$119; L152

GROSS OUT SCIENCE
Ages 7-10. If you like ooey gooey, slippery, slimy, smell bad, look disgusting, bacteria growing kind of science that makes people scream with delight, then this is the camp for you. Only certified kid grossologists will be able to handle the adventures contained here. Come prepared to get messy and discover a whole new level of "YUCK"!! Instructor: Rachel Landry

Course ID: SS 0138

A: Mon-Fri, July 21-25, 9:00am-12:00pm, \$119; L152 B: Mon-Fri, Aug 18-22, 9:00am-12:00pm, \$119; L152

#### ROBOTICS NXT GENERATION - LEVEL I

Ages 8-11. Enter the robot laboratory where you will design, build, and move your own machines using LEGO NXT Generation robotic kits and software. Learn about the principles of programming and mechanics as well as learn how to program different sensors. Then build your robot and bring it to life - create it, then control it! Instructor: Brandon Robinson

Course ID: SS 0056

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$159; B241 B: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$159; B241 C: Mon-Fri, July 28-Aug 11, 1:00pm-4:00pm, \$159; B241

#### ROBOTICS NXT GENERATION - LEVEL 2

Ages 10-12. Come back to the robot laboratory for some more fun! Design, build and move your robot using the Lego NXT Generation robotic kits and software. Take it to the next level and create an extreme robot with new and improved sensors. \*\*NOTE: To be a part of Robotics NXT Generation, you must have completed either Robotics Mindstorm or Level 1 previously. Instructor: Brandon Robinson

Course ID: SS 0060

Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$159; B241

#### CAMP CSI

Ages 9+. Campers become lab techs to discover how science catches cheaters. Experience a day in the life of a drug-testing lab technician. Outfitted in your lab coat, you will also learn how doctors diagnose and treat some sport-related injuries including matching x-rays to patients, and ankle taping. But wait! There's been a murder in the athlete's village and it's up to you to ID the suspect using forensic science - including bite impressions, fingerprinting, and DNA extractions. Instructor: Marlo Scherger

Course ID: SS 0055

A: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm, \$129; L152 B: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$129; L152

#### SCIENCE FAIR

Ages 9+. Put your thinking cap on! It's time to be creative, learn new skills, work with others and express your interest in Science. In one week, you will come up with a Science Fair idea and using your creativity, you will put that idea into action so you can participate in our mini Science Fair on the last day of camp. Prepared to be challenged while doing something rewarding and inspiring! Instructor:

Jaymi Mudrak

#### Course ID: SS 0112

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$119; L154 A: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$119; L154

#### GIRLS RULE

Ages 9+. Science will be explored through chemistry, technology, engineering, and biology. Because this camp is only for girls, we will also encourage them to hurdle some of the barriers that have traditionally prevented girls from pursuing careers in these fields. We will be using hands-on activities, experiments, team building, career awareness and mentor presentations to show girls what a future in science can offer them. Instructor: Hailey Gale

#### Course ID: SS 0113

A: Mon-Fri, Aug 11-15, 9:00am-12:00pm, \$129; L154 B: Mon-Fri, Aug 25-29, 1:00pm-4:00pm, \$129; L154

#### INTRO TO TRADES

Ages 13-17. Are you interested in the Trades, or maybe you are just curious. This hands-on program will allow you to explore many areas of the trades. In one week, you will be doing projects based on carpentry, automotive/mechanical, pipefitting, electrical and welding! Some of the projects you will get to take home and others will increase your knowledge and experience. This fun and interactive program will provide you with the opportunity to learn and discover future interests and careers in the demanding field of Trades. Learn from the best!

Instructors: MHC Trades department faculty instructors.

\*\*Campers are required to wear long pants (shorts, capri pants are not permitted) and closed-toed shoes (no sandals or open-toed shoes). Coveralls or clothes that can get dirty are recommended. Campers with

long hair should ensure they bring hair elastics in order to tie back their hair.

Course ID: SS 0147

Mon-Fri, July 14-18, 9:00am-12:00pm, \$279; T144

## HUMAN PHYSIOLOGY -

Ages 14+. If you are interested in science, or pursuing a career in science then this is the camp for you! Join Dr. Alannah Maurer and work in the MHC science labs to do dissections, learn about sensory physiology, and take a microscopic look at the human body. Use the latest equipment to learn about the respiratory, cardiovascular and neuromuscular systems in your body all while learning skills that will help you in any future science studies. Max: 10 participants.

#### Course ID: SS 0092

A: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm - 5 days, \$259; L154 B: Tue-Fri, Aug 5-8 9:00am-12:00pm - 4 days, \$249; L154

## THE AMAZING RACE II NEW

Ages 10-12. Are you up for this fun & challenging camp? Join us for a week of exciting and stimulating activities. Are you up to the challenge of our amazing roadblocks, which include 'worm' and 'dirt' eating, mini boot camp, mystery solving, obstacle training, & other crafty activities? Prepared to be amazed at what you can do...are you ready to be the official winners of the Amazing Race!? Instructor: Jaymi Mudrak

#### Course ID: SS 0122

A: Mon-Fri, July 14-18, 9:00am-12:00pm, \$129; E171/172 B: Mon-Fri, Aug 18-22, 9:00am-12:00pm, \$129; E171/172

SCULPTURE: IDEA TO OBJECT NEW

Ages 10-12. In this hands on camp, you will begin with an idea, a milk carton and some plaster of paris, which will begin your journey of creating your masterpiece. You will also learn what abstract is, and how it can convey different thoughts and emotions. There will be carving, chiseling, sanding and gentle tapping involved in order for us to reach our destination of an abstract sculpture. If time permits then you can paint and varnish your pieces.

#### Course ID: SS 0123

A: Mon-Fri, July 14-18, 9:00am-12:00pm, \$129; F1008 B: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm, \$129; E174/175

#### ROBOTICS NXT GENERATION -LEVEL 2



Ages 10-12. Come back to the robot laboratory for some more fun! Design, build and move your robot using the Lego NXT Generation robotic kits and software. Take it to the next level and create an extreme robot with new and improved sensors. \*\*NOTE: To be a part of Robotics NXT Generation, you must have completed either Robotics Mindstorm or Level 1 previously. Instructor: Brandon Robinson

#### Course ID: SS 0060

Mon-Fri, Aug 11-15, 1:00pm-4:00pm, \$159; B241

## DRIVER'S EDGE DRIVER TRAINING

Approved and Accredited. Class 5 driving instruction. Learning to drive or having a child learn to drive can be a stressful event. It doesn't have to be! With innovative and interactive classroom instruction, students have fun while learning. Our mission statement is to provide training tailored to the individual in a safe and caring environment. The success of our teaching method is reflected by our high pass rates on the road test. Rest easy knowing Driver's EDge is government-approved and accredited by Alberta Transportation, with insurance discounts available. Driver's EDge is a member in good standing of the Medicine Hat Chamber of Commerce. Learning to drive is fun – sign up and see for yourself! Refresher lessons, vehicle rental for road tests, and comprehensive learning packages are available. For more information or to book a driving time, call 403.526.9505.

See Teen Camps - Page 28 for more information.

#### ART ADVENTURES

Ages 10+. Enthusiastic about all things art and design? Then get ready for an exciting, art-filled week! Take your art to a new level and explore the fundamentals of painting and drawing including composition, perspective and basic colour theory. Create unique self-portraits and talk about pop art; learn about graphic design and design your own personal logos; and create and learn about eco-friendly art. Also enjoy a half-day at Medalta, in Medicine Hat's Historic Clay



District, where you will learn about Medalta's history and try your hand at creating with clay. At the end of the week, invite your family and friends to the Art Adventure Exhibition featuring your creations! Please bring a lunch and two snacks every day, as well as sunscreen and clothing that's appropriate for painting in. Instructor: Katrina Simpson

#### Course ID: SS 0070

Tue-Fri, Aug 5-8, 9:00am-4:00pm, \$239; F1008

#### CHEF'S SCHOOL

Ages 10-12. Have fun with friends in this hands-on cooking class. Become a master in the kitchen and make dishes that are delicious, using recipes you can savour all year long. Create edible delights to WOW your family and friends. \*\*NOTE: Any food allergies must be identified at time of registration. Instructor: Amanda Tarnasky

#### Course ID: SS 0088

Mon-Fri, July 28-Aug 1, 9:00am-12:00pm, \$139; E160/161

#### LEAVE YOUR MARK IN THE PARK

This week will begin by learning and discovering what an installation actually is, then we will go for a walk to the park and talk about where ideas could stem from; bringing a camera to take photos of potential locations of where our installations could be created. The art can either have a deeper meaning/purpose, or simply be. The public will have an opportunity to "become" a part of the art and "enter our museum" as they are enjoying their time in the park. We will talk about what we want our "mark" on the world to be, what our values and hopes and dreams are for the future, how that might incorporate into the piece we chose to build.

Installation art describes an artistic genre of three-dimensional works that are often site-specific and designed to transform the perception of a space. Generally, the term is applied to interior spaces, whereas exterior interventions are often called Land art; however, the boundaries between these terms overlap.

Instructor: Randi Hoffman

Junior: Ages 13-14 Course ID: SS 0124

A: Mon-Fri, July 21-25, 9:00am-4:00pm, \$239; E171/172 B: Mon-Fri, Aug 25-29, 9:00am-4:00pm, \$239 E149

Senior: Ages 15-17 Course ID: SS 0128

A: Mon-Fri, July 7-11, 9:00am-4:00pm, \$239; E149 B: Mon-Fri, Aug 11-15, 9:00am-4:00pm, \$239; E177

#### COOKING WITH CLASS

Ages 13+. This cooking camp is a totally interactive and "hands-on" experience that has been designed to get you comfortable in the kitchen, try new foods and most of all inspire kitchen creativity. Join Master Chef Tim Schorno and learn to make the dishes from scratch and about the different uses of utensils, kitchen safety and hygiene, how to follow a recipe, improvise with spices and seasonings and much more. You will enjoy the dishes you make at the end of each class, and have the recipes to remake them at home. This program will equip you with the skills to make meals from scratch and select the ingredients that you need to make healthy choices and tasty food for the whole family. Instructor: Tim Schorno

#### Course ID: SS 0125

A: Mon-Fri, July 7-11, 1:00pm-4:00pm - 5 days, \$159; E160/161 B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$149; E160/161 C: Tue-Fri, Aug 5-8, 1:00pm-14:00pm - 4 days, \$149; E160/161 D: Mon-Fri, Aug 18-22, 1:00pm-4:00pm - 5 days, \$159; E160/161

#### BIO: BRING ITON!

Ages 13+. Bring on Fitness! Bring on Nutrition! Bring on Knowledge! Bring on Health! This week is filled with healthy cooking, fitness and learning about nutrition. You will also be amazed to find out how much sugar is in that "froyo" you love and so much more! During this week, it is all about building a healthier and happier 'you'. Instructor: Amanda McGarry

#### Course ID: SS 0126

Mon-Fri, July 7-11, 9:00am-12:00pm, \$129; E160/161

#### X-TREME SURVIVOR

Ages 13+. Outwit, Outplay, Outlast! Modelled from the TV show, you will be put into tribes (teams) and facing challenges like no other. There will be scavenger hunts, obstacle courses, and mental challenges. Each day there will be Tribal Council; do you have what it takes? The tasks will be tougher and the challenges may be longer. Survivors ready... GO! Instructor: Amanda McGarry

#### Course ID: SS 0127

Mon-Fri, July 14-18, 9:00am-12:00pm, \$129; E177

#### DOCUMENTARY VIDEO FOR TEENS

Ages 13+. Have you ever wanted to make your own documentary video but did not know how to get started? This week, you will get to make your own documentary, and upload the finished video to the Internet! Together we will craft our documentary story lines, learn and practice the basic language and craft of videography and sound recording. Once you have completed shooting all your material we will head to a state-of-the-art Mac computer lab to begin post-production. The video editing software is Final Cut Pro X, for our sound tracks we shall use the amazing GarageBand. Before you know it, you will have created your own documentary that you will distribute via Vimeo.com. We have all the camera and sound gear, however if you own your own HD video capable DSLR you may certainly bring that to class. Instructor: Rory Mahony

#### Course ID: SS 0145

Mon-Fri, July 14-18, 9:00am-4:00pm, \$389; B227

## MAKE A DOCUMENTARY FILM WITH YOUR IPHONE!

Ages 13+. Did you know that the iPhone has been used to make professional full length feature films? This week, you will get to plan, shoot and edit your own short video documentary. Over the course of the week you will learn and practice the basic language and craft of videography and sound recording. Once you have completed shooting all your material we will head to a state-of-the-art Mac computer lab for post-production. The software is intuitive and easy to learn. This one week camp will serve as a good introduction to film making and open your eyes to the story telling possibilities built into your iPhone. On the last day you will publish your short video on the internet, via Vimeo.com. Please bring your iPhone, charger, and cable(s). Instructor: Rory Mahony

#### Course ID: SS 0146

Mon-Fri, July 7-11, 1:00pm-4:00pm, \$259; B227

#### INTRO TO TRADES

Ages 13-17. Are you interested in the Trades, or maybe you are just curious. This hands-on program will allow you to explore many areas of the trades. In one week, you will be doing projects based on carpentry, automotive/mechanical, pipefitting, electrical and welding! Some of the projects you will get to take home and others will increase your knowledge and experience. This fun and interactive program will provide you with the opportunity to learn and discover future interests and careers in the demanding field of Trades. Learn from the best!

Instructors: MHC Trades department faculty instructors.

\*\*Campers are required to wear long pants (shorts, capri pants are not permitted) and closed-toed shoes (no sandals or open-toed shoes). Coveralls or clothes that can get dirty are recommended. Campers with long hair should ensure they bring hair elastics in order to tie back their hair.

#### Course ID: SS 0147

Mon-Fri, July 14-18, 9:00am-12:00pm, \$279; T144

#### HUMAN PHYSioLOGY - HOW THE BODY WORKS

Ages 14+. If you are interested in science, or pursuing a career in science then this is the camp for you! Join Dr. Alannah Maurer and work in the MHC science labs to do dissections, learn about sensory physiology, and take a microscopic look at the human body. Use the latest equipment to learn about the respiratory, cardiovascular and

neuromuscular systems in your body all while learning skills that will help you in any future science studies. Max: 10 participants.

#### Course ID: SS 0092

A: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm - 5 days, \$259; L154 B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$249; L154



# SPORT& WELLNESS SUMMER CAMPS

#### PLAY FUN

Ages 5-7. PLAY Fun places an emphasis on fundamental movement skills and building overall physical literacy as it relates to indoor and outdoor sports. Daily activities will also include arts/crafts and fun indoor activities that are physical activity related. Skill development will be well-structured, positive and FUN, and will concentrate on developing the ABCs - Agility, Balance, Coordination and Speed. If your child likes to move and play, this camp was made for them.

#### Course ID: SC 0001

A: Mon & Wed-Fri, Jun 30 & July 2-4 (no class Tue, July 1), 9:00am-12:00pm; \$99

B: Mon & Wed-Fri, Jun 30 & July 2-4 (no class Tue, July 1), 1:00pm-4:00pm; \$99

C: Mon & Wed-Fri, Jun 30 & July 2-4 (no class Tue, July 1), 9:00am-4:00pm; \$175

#### Course ID: SC 0002

A: Mon-Fri, July 14-18, 9:00am-12:00pm; \$120 B: Mon-Fri, July 14-18, 1:00pm-4:00pm; \$120 C: Mon-Fri, July 14-18, 9:00am-4:00pm; \$199

#### Course ID: SC 0003

A: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm; \$120 B: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm; \$120 C: Mon-Fri, July 28-Aug 1, 9:00am-4:00pm; \$199

#### PLAY SPORT

Ages 8-10. PLAY Sport camps will place an emphasis on the development of sport specific skills and refine all fundamental movement skills. A variety of indoor and outdoor sports will be covered (basketball, volleyball, lacrosse, golf, soccer, swimming, etc). This camp is designed to provide our future athletes with the necessary skills and training they will need in their desired sport(s).

#### Course ID: SC 0007

A: Mon & Wed-Fri, Jun 30 & July 2-4 (no class Tue, July 1), 9:00am-12:00pm; \$99

B: Mon & Wed-Fri, Jun 30 & July 2-4 (no class Tue, July 1), 1:00pm-4:00pm; \$99

C: Mon & Wed-Fri, Jun 30 & July 2-4 (no class Tue, July 1), 9:00am-4:00pm; \$175

#### Course ID: SC 0008

A: Mon-Fri, July 14-18, 9:00am-12:00pm; \$120 B: Mon-Fri, July 14-18, 1:00pm-4:00pm; \$120 C: Mon-Fri, July 14-18, 9:00am-4:00pm; \$199

#### Course ID: SC 0009

A: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm; \$120 B: Mon-Fri, July 28-Aug 1, 1:00pm-4:00pm; \$120 C: Mon-Fri, July 28-Aug 1, 9:00am-4:00pm; \$199





#### PLAY OUTDOORS

Ages 9-14. Test your limits with PLAY Outdoors. Our camp leaders take campers on a new adventure each day involving hiking, horseback riding, swimming, geo-caching, rock climbing, and even a day trip to Elkwater for some canoeing/kayaking! You do not want to miss this action filled camp.

#### Course ID: SC 0053

A: Mon-Fri, July 21-25, 9:00am-4:00pm; \$240 B: Mon-Fri, Aug 11-15, 9:00am-4:00pm; \$240

#### PLAY YOGA

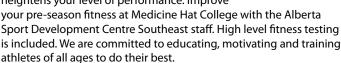
Ages 4-12. The Blue Butterfly kids will be having a blast this summer during this four-day yoga camp. The children will be participating in a variety of activities including movement to music, games, nature hikes, songs, stories, crafts, and of course, yoga. \*Activities are planned for children aged 4-8, however, older participants are welcome and will be provided with leadership opportunities. Please bring a snack, sunscreen, hat, water bottle, and appropriate shoes and dress for the weather. This camp will be located at Blue Butterfly Yoga & Pilates Centre, 425A - 7 Street SW.

#### Course ID: SC 0054

Mon-Thur, July 14-17, 9:00am-12:00pm; \$100 Location: Off Campus, 425A - 7 Street SW

#### PLAY ELITE ATHLETE

Ages 12-16. Does your sport require power, speed, and endurance? Elite Athlete camp heightens your level of performance. Improve



#### Course ID: SC 0055

Mon-Fri, July 14-18, 1:00pm-4:00pm; \$135

#### PLAY ABILITIES

Grades 1-6. PLAY Abilities is a 5 day recreation and sport camp for children with developmental and physical disabilities. We want to empower each camper to be physically active, improve their health and well-being and support each camper in accessing local sport and physical activity opportunities. Participants will engage in physical literacy by learning the fundamental movement skills.

#### Course ID: SC 0056

A: Mon-Fri, Aug 18-22, 9:00am-10:30am; \$125 (Grade 1-3) B: Mon-Fri, Aug 18-22, 10:30am-12:00pm; \$125 (Grade 4-6)

## PLAY F.A.M.E.

#### (FEMALES IN ACTION MOVING & EMPOWERING)

Age 9-14. This fun-filled and supportive camp for girls will celebrate physical activity and wellness. Female leaders will promote fun and build self-confidence through fitness classes, outdoors sports, swimming, arts & crafts, and more. Participants will be empowered to make healthy choices including an active lifestyle, healthy eating, and a positive body image.

#### Course ID: SC 0057

Mon-Fri, July 7-11, 1:00pm-4:00pm; \$135

#### PLAY RUN/JUMP/THROW

Ages 8-12. Run, Jump, Throw uses a fun and active learning environment. The program focuses on the enchantment of physical fitness, health and physical development for children aged 8-12. Children who learn fundamental running, jumping, and throwing movement skills through track and field acquire a strong foundation for success in all other sports and physical activities. Participants will also get to spend some time at the Rotary Track focusing on the development of these skills.

#### Course ID: SC 0058

Mon-Fri, July 7-11, 9:00am-12:00pm; \$135

# RATTLERS SPORT CAMPS

#### SOCCER

The Early Touches Camp (Gr. 1-3) will focus on teaching campers the basics in a game oriented learning environment. Campers will focus on soccer FUNdamentals such as running with the ball, turning, passing, receiving and shooting (inside foot and laces). These skills will be taught using small-sided games, tag games, relay races and other types of exploratory games. Campers will receive certificate and evaluation. Coach Jim Loughlin, Men's & Women's Soccer, NCCP Level 5 Coach (National A License Trained).

#### Course ID: SC 0035

Mon-Fri, Aug 18-22, 9:00am-12:00pm; \$125

**The Crafty Kickers Camp** (Gr. 4-6) will focus on teaching campers crafty ways (i.e. strategy or tactics) to play the game of soccer. Campers will focus on soccer FUNdamentals PLUS tactics in 1 vs. 1, 2 vs. 2, 3 vs. 3 and 4 vs. 4 situations. Skills such as running with the ball, dribbling, turning, passing, receiving and shooting (laces) will be taught throughout the week using small sided games, tag games, relay races and other types of exploratory games. Campers will receive certificate and evaluation. Coach Jim Loughlin, Men's & Women's Soccer, NCCP Level 5 Coach (National A License Trained).

#### Course ID: SC 0036

Mon-Fri, Aug 18-22, 9:00am-12:00pm; \$125

#### BASKETBALL

Basketball Camps are aligned with the Long Term Athlete Development Principles. This camp brings together ages that would be in the "Learn to Train" and "Train to Train" stages. The goal of the camp is to convert their fundamental movement skills into fundamental sport / basketball skills such as dribbling, passing and shooting while challenging their aerobic base. They will do this through individual skill work as well as applying those skills within the team setting. Junior High camp will have an outdoor component so please have all campers bring appropriate footwear. All camps will occur at Medicine Hat College. Coach Craig Price, Men's Basketball, NCCP Level IV and Coach Jason McLester, Women's Basketball, NCCP Level III.

#### Course ID: SC 0015

Junior High Basketball Co-Ed - Gr. 7-9 Mon-Fri, Aug 11-15, 9:00am-12:00pm; \$125

#### Course ID: SC 0020

High School Elite Basketball - Gr. 9-12 Mon-Fri, Aug 11-15, 4:00pm-8:00pm; \$175

#### **VOLLEYBALL**

All Volleyball Camps are based on a "games approach" to instruction. Our participants will learn in an environment that simultaneously teaches necessary concepts and basic tactics. It is our goal to equip participants with the ability to make appropriate game decisions, and then consistently execute the necessary skills in each situation. Of course, none of this matters if we're not having fun, so we'll have plenty of that as well! We will be running the camps on 4 courts (2 inside, 2 outside).

Participants should be prepared to be outside every day. We recommend a hat, sunglasses, small snack, sunscreen and a water bottle. The camp staff will consist exclusively of Rattlers athletes and coaches. Camps are organized and coached by the MHC head coaches, with assistance from MHC players. Campers will get to experience the thrill of learning from and playing with some of the top college volleyball players in Alberta. Max: 25 athletes

#### Course ID: SC 0024

Junior High Volleyball Co-Ed: Gr. 7-9 Mon-Fri, Aug 18-22, 9:00am-12:00pm; \$150

#### Course ID: SC 0026

Senior High Volleyball Co-Ed: Gr. 10-12 Mon-Fri, Aug 11-16, 5:00pm-8:00pm; \$150



## PRE/POSTCARE

Ages 5-12. Supervised activities are available from 8:00 AM - 9:00 AM and 4:00 PM - 5:00 PM inside the MHC Gymnasium. During this time, campers will engage in low key, unorganized games. Early and late supervision is available to campers from all Continuing Studies summer camps with the exception of those camps occurring off-campus. Registration is required by calling 403.529.3844.

#### Course ID: SC 0501

A: Mon & Wed-Fri, Jun 30 & July 2-4 (no care Tue, July 1), 8:00am-9:00am; \$20 B: Mon & Wed-Fri, Jun 30 & July 2-4 (no care Tue, July 1), 4:00pm-5:00pm; \$20

#### Course ID: SC 0502

A: Mon-Fri, July 7-11, 8:00am-9:00am; \$25 B: Mon-Fri, July 7-11, 4:00pm-5:00pm; \$25

#### Course ID: SC 0503

A: Mon-Fri, July 14-18, 8:00am-9:00am; \$25 B: Mon-Fri, July 14-18, 4:00pm-5:00pm; \$25

#### Course ID: SC 0504

A: Mon-Fri, July 21-25, 8:00am-9:00am; \$25 B: Mon-Fri, July 21-25, 4:00pm-5:00pm; \$25

#### Course ID: SC 0505

A: Mon-Fri, July 28-Aug 1, 8:00am-9:00am; \$25

B: Mon-Fri, July 28-Aug 1, 4:00pm-5:00pm; \$25

#### Course ID: SC 0506

A: Tue-Fri, Aug 5-8, 8:00am-9:00am; \$20 B: Tue-Fri, Aug 5-8, 4:00pm-5:00pm; \$20

#### Course ID: SC 0507

A: Mon-Fri, Aug 11-15, 8:00am-9:00am; \$25 B: Mon-Fri, Aug 11-15, 4:00pm-5:00pm; \$25

#### Course ID: SC 0508

A: Mon-Fri, Aug 18-22, 8:00am-9:00am; \$25 B: Mon-Fri, Aug 18-22, 4:00pm-5:00pm; \$25

## LUNCH SUPERVISION

All campers who are enrolled in a full day Sport & Wellness camp, as well as any campers that have combined a separate Sport & Wellness and Continuing Studies morning and afternoon camp, can participate in a FREE supervised lunch period. If your camper is registered in a full day Continuing Studies camp, please call 403.529.3844 for further details about lunch time care. Campers will eat their lunches on the upper level of the Medicine Hat College Cafeteria, which is an air conditioned area. Campers have the option of bring their own lunch or buying their lunch from the cafeteria. Lunch time transition and morning to afternoon camp transition are fully coordinated by camp staff.

## FOOD ALLERGIES

Because campers eat together, we cannot control all of the foods and odours that they may be exposed to as all campers in a designated area. We are a nut free camp, and we request that campers do not bring any foods that contain nuts, i.e. peanut butter or granola bars. If consuming nut products prior to arriving at camp, please wash hands diligently. If your child has any food allergies, we ask that you note them on your child's registration form, and we will make every attempt to accommodate their needs.

## YOUR CHILD'S SAFETY

All Sport & Wellness Summer Camp Head Coaches are certified in First Aid and CPR to ensure a top quality experience for your child. During staff training, all emergency procedures for the College and camp are thoroughly reviewed. As well, the department conducts regular risk management audits on all camp equipment and polices. Procedures that include custody arrangements, child abuse, behavior modification, weather conditions, and the self-esteem of your child are covered in training. We also enforce strict sign-in and signout policies. (All parents/quardians must procedure a valid piece of picture ID and be on the safe list to sign out their child). Please note that campers 11 years of age and under cannot leave the care of an instructor until a parent/guardian signs that child out. A child 12 years and older may leave on their own. If you would prefer that your child who is 12 years or older remains in the care of the instructors until a parent/quardian arrives, please indicate this on the registration sheet or by calling 403.504.3546 in advance of the camp start date.

## WHATTO WEAR AND BRING TO CAMP

All children should wear comfortable clothes including shorts, t-shirt, and running shoes suitable for physical activity. For cool days, a sweatshirt. It is strongly recommended and enforced that children wear hats while outdoors to shade their heads from the sun and wear sunscreen. All campers will be provided with a Sport & Wellness Water Bottle on the first day of camp and should bring it with them every day as it helps to replenish water loss experienced by physical activity in warm weather. A bathing suit and towel are needed for Friday afternoons, as campers will be participating in a recreational swim at Hill Pool. Campers are reminded not to bring items of value that are not required at camp, ie. MP3/iPod, cell phones, and excessive amounts of money, etc.

#### SWiMMiNG

Swimming is a great physical activity outlet and is incorporated into the Sport & Wellness Summer Camps programming. If your camper is attending a camp on a Friday afternoon, please pack with them a swimsuit, towel, sunblock, snack and a drink. It is not mandatory that your camper swims, however it is highly encouraged. If there are any medical conditions, which may limit your child's participation, please note this on the registration form

## PICK-UP AND DROP-OFF

For the safety and security of all campers, the pick-up and drop-off area is located at the front of the C2 entrance of Medicine Hat College. Parents will be able to make use of the loading zone in front of the College. Drop-off for morning and full day programs will begin at 8:45 AM. Pick-up for morning programs will begin at 12:00 NOON. Drop-off for afternoon programs will begin at 12:45 PM. Pick-up for afternoon and full day programs is between 4:00 PM and 4:15 PM.

During the times prior to and following programmed activity periods, campers will continue to be supervised by Sport & Wellness Summer Camp staff. If campers have not been picked up by 4:15 PM, a charge of \$5 per 15 minutes will be enforced. If you require an earlier drop-off time and/or later pick up time, please register for the Pre and/or Post Care program to avoid any additional charges.

#### PRIVACY

Medicine Hat College collects and maintains information for the purpose of admissions, registrations and other activities directly related to you being a member of the Medicine Hat College community and its educational program, and attending a public post-secondary institution in the Province of Alberta. You are advised that the information you provide, and any other information placed in the student record, will be protected and used in compliance with Alberta's Freedom of Information and Protection of Privacy Act.

# CONTINUING EDUCATION AT THE CONSERVATORY

#### MAKING MUSIC

Ages: 3-5. A playful exploration of basic musical concepts including melody, rhythm, and musical form. Singing songs, playing handheld percussion instruments, movement activities and musical stories helps children become aware of pitch, and recognize and repeat melodies. No previous musical experience necessary. Instructor: Samantha Frelick

#### Course ID: SS 0212

A: Mon-Fri, July 7-11, 9:30am-11:30am, \$89; Cultural Centre, RR#3 B: Mon-Fri, July 21-25, 9:30am-11:30am, \$89; Cultural Centre, RR#3

#### MUSIC CREATIVITY CAMP

Ages: 6-8. This camp introduces children aged 6-8 to basic musical concepts, gives the students an exposure to a variety of instruments and incorporates a daily drumming circle to work on their sense of rhythm. Finally, it gives the students a chance to show their parents what they've learned all week on the last day, when they perform a short musical demonstration. No previous musical experience necessary. Instructor: Samantha Frelick

#### Course ID: SS 0213

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$199; Cultural Centre, RR#3 B: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$199; Cultural Centre, RR#3

## SUMMER SONGBIRDS CHOIR CAMP

Sing your heart out this summer at a camp that entertains and delights kids with variety of folk and popular songs in a thrilling choral environment. Students will learn a repertoire of songs, improve their music abilities, and develop skills such as teamwork and confidence while having fun! Students work in groups according to their age, with the week culminating in a special performance for parents, caregivers and families. No previous musical experience necessary. Instructor: Justine Wilks

#### Junior: Ages 5-7 Course ID: SS 0214

Mon-Fri, July 14-18, 9:00am-12:00pm, \$239; Cultural Centre, CC120 & CC153

#### Senior: Ages 9-12 Course ID: SS 0215

Mon-Fri, July 21-25, 9:00am-12:00pm, \$269; Cultural Centre, CC120 & CC153

#### HIP HOPPIN', MOVIN', AND GROOVIN'

This camp is filled with the latest styles of dance. Warm up ballet stretches and basics. Learn some Hip Hop, Jazz, Tap and Lyrical dances that are put together with fun in mind. So call your friends and get ready to have some fun. No previous dance experience necessary.

#### Junior: Ages 5-7 Course ID: SS 0221

A: Mon-Fri, July 7-11, 9:00am-12:00pm, \$129; Cultural Centre, RR#2 B: Mon-Fri, July 21-25, 1:00pm-4:00pm, \$129; Cultural Centre, RR#2

#### Senior: Ages 8-11 Course ID: SS 0222

A: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$129; Cultural Centre, RR#2 B: Mon-Fri, July 28-Aug 1, 9:00am-12:00pm, \$129; Cultural Centre, RR#2



#### GUITAR CAMP

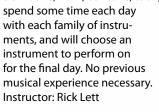
Ages: 8+. Spend a fun filled week improving your skills on guitar. Students will be introduced to a variety of styles, including folk, fingerpicking, classical, blues, and rock, with materials in each style geared for beginner to advanced levels. Students will also focus on music that may be of particular interest to them. Participants must provide their own guitar – either electrical or acoustic - no previous training is necessary. Instructor: Rick Lett

#### Course ID: SS 0218

A: Mon-Fri, July 7-11, 1:00pm-4:00pm, \$179; Cultural Centre, CC153 B: Mon-Fri, July 14-18, 1:00pm-4:00pm, \$179; Cultural Centre, CC153

#### INSTRUMENT ZOO

Thinking of exploring an instrument, but not sure which one to take? Try them all! Spend one week exploring the woodwind family (flute, clarinet, saxophone, oboe, bassoon) brass family (trumpet, trombone, horn, baritone, tuba) drums, and guitar. Students will





Senior: Ages 18+ Course ID: SS 0217

Mon-Fri, July 21-25, 6:00pm-9:00pm, \$179 + GST; Cultural Centre, CC153

12:00pm, \$179; Cultural Centre, RR#3

#### OPERETTA

Ages: 13-18. Focusing on one well-known operetta, this entertaining camp takes students through all the steps for what a performer needs to bring the score to life. Students will focus on basic vocal technique for effective singing, including singer's posture, breathing and projection. Students will also learn about characterizations and how to combine singing with acting and blocking. Students will be expected to prepare a performance, based on characters and songs from the operetta. A basic knowledge of reading music is recommended but not required. Instructor: Adele Wilding

#### Course ID: SS 0219

Mon-Thu, July 28-31 (no camp on Fri, Aug 1), 9:00am-12:00pm, \$299 + GST; Cultural Centre, CC153

#### BAND CAMP

Ages: 12-Adult. Led by some of Medicine Hat's best instrumentalists, this camp will provide participants with a thrilling and skill building band experience. Participants will rehearse and explore band repertoire in both full and sectional settings culminating in a public concert. Guest conductor is Bill Wahl, Conductor and Musical Director of The Medicine Hat Concert Band Society. Participants should have at least two years of experience on a wind or percussion instrument.

#### Course ID: SS 0220

Tue-Fri, Aug 5-8, 9:00am-12:00pm, \$179 + GST; Cultural Centre, Craft Photo Studio



# REGISTRATION INFORMATION

#### Summer Office Hours Monday to Friday, 8:00am to 4:00pm

#### Please Note

- Full payment of fees is required at time of registration.
- Post-dated cheques will not be accepted.
- Some classes may be held off campus.
- Continuing Studies reserves the right to change instructors, dates, and times when necessary.
- Please arrive at least 10 minutes early the first day of camp to complete a registration package for your child.
- Camps have been designed with your child's age range in mind to ensure a positive experience for all campers, parents are advised to ensure their child is registered in an age appropriate camp. If you have any questions, please call 403.529.3848.

#### **Special Needs Children Welcome**

Limited Enrollment – Special need must be identified at registration. Any children identified as special needs previously (P.U.F. Inclusive Care) and require an assistant MUST provide their own assistant for camp. Please call 403.529.3848 to discuss this further.

#### **Food Allergies**

Food may be prepared and/or served during any camp, so please notify staff of any food allergies upon registration.

#### Withdrawals

- Withdrawals prior to the course or seminar starting are subject to a \$35 processing charge.
- 50% of tuition will be refunded for withdrawals after the first class, but before the second class.
- Registration withdrawals after the terms stated above will not be eligible for a refund.
- Substitutions may be made any time prior to commencement.

#### **Course Cancellations**

If your course is cancelled, you may either transfer to another course or receive a full refund. Should the course for which you have registered be cancelled, we will make every effort to inform you at home or at work prior to the start date of the course. Please provide home, business, and cell numbers at the time of registration. If you do not have a second contact number or especially if you live out of town, please call 403.529.3844 the day before class commencement to confirm the class is running.

## FIVE EASY WAYS TO REGISTER

To avoid cancellation of courses, please register early.

#### Online

www.mhc.ab.ca/continuing-studies

#### **Phone**

Call 403.529.3844 and have your Visa or MasterCard number handy.

#### Fax

Fax your completed registration form, including your Visa or MasterCard number, to 403.504.3521.

#### In Person

Drop by the MHC Registration Desk. Full payment of fees is required at time of registration. We accept cash, cheques, debit, and Visa or MasterCard.

#### Mail

Send the completed registration form and appropriate fees (cheques payable to Medicine Hat College) to:

Continuing Studies Medicine Hat College 299 College Drive SE MEDICINE HAT, AB T1A 3Y6

Keep in mind that courses may become full if your registration is delayed in the mail.



## 2014 Summer Programs 4 Kids

## **Registration Form**

It's easy to register!	Please feel free to copy this form and pass it along to your friends!				
NAME		NAME			
ADDRESS TOWN/CITY	POSTAL CODE	ADDRESS	TOWN/CITY		POSTAL CODE
TELEPHONE HOME BUS	SINESS CELL	TELEPHONE	HOME BUSINE	ESS	CELL
DATE OF BIRTH (MM/DD/YY)	PARENT/GUARDIAN	DATE OF BIRTH (M	M/DD/YY)	PARENT/GUARDIAN	
EMAIL		EMAIL			
<b>Course Registration</b>					
REGISTRANT NAME	COURSE NAME		COURSE CODE	START DATE	COURSE FEE
Select Method of Paym	ent			TOTAL \$	
Cheque or Money Order Payable to Medicine Hat College (We are unable to accept post-dated cheques)	Name of Cardholder (please print)				
□ VISA	Card Number			Expiry Date	
MusterCard	Authorized Signature				
	nly). If employer is to be invoiced, please incluible for payment of fees regardless of a third pa		n or an authorized purchase or	der.	
PO Number					
Name or Organization					
Address		City Postal Code			
Telephone		Fax		Email	
MAIL REGISTRATION FORM TO: Registration Services Brooks Campus 200 Horticultural Road East, BROOKS AB T1R 1E5	REGISTER WITH VISA/MASTER Registration Services Brooks Campus 403.362.1677	CARD: FAX REGISTRATION FORM TO: VISIT OUR WEBSITE: Continuing Studies, Brooks campus www.mhc.ab.ca/continuing-st 403.362.1474			
Registration Services Medicine Hat College 299 College Drive SE, MEDICINE HAT, AB T1A 3Y6	Registration Services Medicine Hat College 403,529,3844	Hat College Continuing Studies, Medicine Hat College 403.504.3521 MEDICINE HAT (Your completed form must include your Visal MasterCard number & expiry date.)			
to know about next year's camps and children's programs at	Email —	* HONEY ATMOSPHER CHEET E			\$ 1
and children's program Medicine Hat College ALBERTA'S FREEDOM OF INFORMATION AND PROTE	Mail ————————————————————————————————————				

Medicine Hat College collects and maintains information for the purpose of admissions, registrations and other activities directly related to you being a member of the Medicine Hat College community and its educational programs, and atteending a public post-secondary institution in the Province of Alberta. You are advised that the information you provide, and any other information placed in the student record, will be protected and used in compliance with Alberta's Freedom of Information and Protection of Privacy Act.

comprehensive learning packages are available. For more information or to book a driving time, call 403.526.9505. Chamber of Commerce. Learning to drive is fun – sign up and see for yourself! Refresher lessons, vehicle rental for road tests, and Alberta Transportation, with insurance discounts available. Driver's EDge is a member in good standing of the Medicine Hat reflected by our high pass rates on the road test. Rest easy knowing Driver's EDge is government-approved and accredited by ment is to provide training tailored to the individual in a safe and caring environment. The success of our teaching method is It doesn't have to be! With innovative and interactive classroom instruction, students have fun while learning. Our mission state-Approved and Accredited. Class 5 driving instruction. Learning to drive or having a child learn to drive can be a stressful event.

## COMPREHENSIVE BEGINNER'S PACKAGE

- 10 hours of one-on-one, in-vehicle instruction • 17 hours of innovative classroom instruction

Prices may be subject to change due to the rising cost of fuel. M: Mon-Fri, Dec 1-5, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA L: Mon-Fri, Nov 3-7, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA

K: Mon-Fri, Oct 6-10, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA

J: Mon-Fri, Sep 8-12, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; TBA

#### Course ID: FC 0321

- E: Mon-Fri, May 12-16, 5:15pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; B356
- l: Tue-Thur, Aug 5-7, 11:00am-5:30pm (exc Thurs, 11:00am-4:30pm), \$740; B356 H: Mon-Thur, July 7-10, 5:00 pm-9:30pm, \$740; B356 6: Mon-Wed, July 7-9, 10:00 am-4:30pm (exc Wed, 11:00am-4:30pm), \$740, B356
- F: Mon-Fri, June 9-13, 5:15 pm-9:30pm (exc Fri, 5:15pm-6:15pm), \$740; B356
- Vehicle rental for road test  $\bullet$  Road test booking (fee is extra and payable to license agency)

- - - Road test booking (fee is extra and payable to license agency) Course ID: FC 0320

      - 10 hours of one-on-one, in-vehicle instruction
      - BASIC EDEE BEGINNES.8 DACKAGE



Mon-Fri, July 14-18, 9:00am-12:00pm, \$1-41 yluly Course ID: SS 0127

McGarry

you have what it takes? The tasks will be tougher and the challenges may be longer. Survivors ready... GO! Instructor: Amanda no other. There will be scavenger hunts, obstacle courses, and mental challenges. Each day there will be Tribal Council; do Ages 13+. Outwit, Outplay, Outlast! Modelled from the TV show, you will be put into tribes (teams) and facing challenges like X-IBEWE SURVIVOR

> 131/09/E1; July 7-11, 9:00am-12:00pm, \$129; E160/161 Course ID: SS 0126

and happier'you'. Instructor: Amanda McGarry this week, it is all about building a healthier "froyo" you love and so much more! During that is in the sugar is in that and learning about nutrition. You will also be week is filled with healthy cooking, fitness Bring on Knowledge! Bring on Health! This Ages 13+. Bring on Fitness! Bring on Nutrition!

BIO: BKINE ILONI

B: Mon-Fri, Aug 11-15, 9:00am-4:00pm, \$239; E177 8-149 (P11), E149; E149 (Mon-4:00), E149; E149

Course ID: SS 0128 Senior: Ages 15-17

B: Mon-Fri, Aug 25-29, 9:00am-4:00pm, \$239 E149 A: Mon-Fri, July 21-25, 9:00am-4:00pm, \$239; E171/172

Course ID: SS 0124 Junior: Ages 13&14



however, the boundaries between these terms overlap. Instructor: Randi Hoffman perception of a space. Generally, the term is applied to interior spaces, whereas exterior interventions are often called Land art, Installation art describes an artistic genre of three-dimensional works that are often site-specific and designed to transform the

on the world to be, what our values and hopes and dreams are for the future, how that might incorporate into the piece we part of the art and "enter our museum" as they are enjoying their time in the park. We will talk about what we want our "mark" be created. The art can either have a deeper meaning/purpose, or simply be. The public will have an opportunity to "become" a about where ideas could stem from, bringing a camera to take photos of potential locations of where our installations could This week will begin by learning and discovering what an installation actually is, then we will go for a walk to the park and talk LEAVE YOUR MARK IN THE PARK

## TO INSPIRE MULTIMEDIA AND DESIGN...

## MAKE A DOCUMENTARY FILM WITH YOUR IPHONE!

the last day you will publish your short video on the internet, via Vimeo.com. Please bring your iPhone, charger, and cable(s). will serve as a good introduction to film making and open your eyes to the story telling possibilities built into your iphone. On of state-of-the-art Mac computer lab for post-production. The software is intuitive and easy to learn. This one week camp language and craft of videography and sound recording. Once you have completed shooting all your material we will head to plan, shoot and edit your own short video documentary. Over the course of the week you will learn and practice the basic Ages 13+. Did you know that the iPhone has been used to make professional full length feature films? This week, you will get

Instructor: Rory Mahony

Course ID: SS 0146

7228;622\$, mq00:4-mq00:1,11-7 ylul, inf-noM

## DOCUMENTARY VIDEO FOR TEENS

your own HD video capable DSLR you may certainly bring that to class. Instructor: Rory Mahony your own documentary that you will distribute via Vimeo.com. We have all the camera and sound gear, however if you own software is Final Cut Pro X, for our sound tracks we shall use the amazing GarageBand. Before you know it, you will have created shooting all your material we will head to a state-of-the-art Mac computer lab to begin post-production. The video editing story lines, learn and practice the basic language and craft of videography and sound recording. Once you have completed will get to make your own documentary, and upload the finished video to the Internet! Together we will craft our documentary Ages 13+. Have you ever wanted to make your own documentary video but did not know how to get started? This week, you

7228; 885; ,mq00:4-mp00:9; 81-41 ylul ,in-in-moM Course ID: SS 0145

... NOITAAIQENI

about these inspiring teachers. our website to learn more Programs this summer! Please naaT adt to ynam gnidaast Professional Instructors that are Medicine Hat College Faculty and to thank and acknowledge the Continuing Studies would like

TO IUSDIKE WOSIC…

BAND CAMP

Society. Participants should have at least two years of experience on מ wind or percussion instrument. ductor and Musical Director of The Medicine Hat Concert Band nating in a public concert. Guest conductor is Bill Wahl, Conexplore band repertoire in both full and sectional settings culmiskill building band experience. Participants will rehearse and talists, this camp will provide participants with a thrilling and Ages: 12-Adult. Led by some of Medicine Hat's best instrumen-

Jue-Fri, Aug 5-8, 9:00am-12:00pm, \$179 + GST; Cultural Centre, Craft Photo Studio Course ID: 55 0220

## TO INSPIRE SCIENCE...

## NOM LNE BODA MOBK2 HOWAN PHYSIOLOC4 -

Max: 10 participants.

ing skills that will help you in any future science studies. and neuromuscular systems in your body all while learnequipment to learn about the respiratory, cardiovascular a microscopic look at the human body. Use the latest dissections, learn about sensory physiology, and take ob of sdel 92najos DHM adf in Yrow bne 191ueM dennelA career in science then this is the camp for you! Join Dr. Ages 14+. If you are interested in science, or pursuing a

Course ID: SS 0092

,2YDb 2 - mq00:S1-mp00:9 ,1 guA-82 ylul ,in7-noM :A

8- Tue-Fri, Aug 5-8 9:00am-12:00pm - 4 days, 12:04 (17-9uT)

4417,975\$ ,mq00:21-mp00:9,81-41 Ylul, i77-noM Course ID: SS 0147 Instructors: MHC Trades department faculty instructors. ensure they bring hair elastics in order to tie back their hair.

BJOAAT OT OATNI

get dirty are recommended. Campers with long hair should (no sandals or open-toed shoes). Coveralls or clothes that can (shorts, capri pants are not permitted) and closed-toed shoes

from the best! \*\*Campers are required to wear long pants interests and careers in the demanding field of Trades. Learn

provide you with the opportunity to learn and discover future

pipefitting, electrical and welding! Some of the projects you

doing projects based on carpentry, automotive/mechanical,

explore many areas of the trades. In one week, you will be

are just curious. This hands-on program will allow you to

Ages 13-17. Are you interested in the Trades, or maybe you

TO INSPIRE TRADES...

edge and experience. This fun and interactive program will will get to take home and others will increase your knowl-

# TO INSPIRE CULINARY ARTS...

## COOKIUC MIIN CFV22

dishes from scratch and about the different uses of utensils, kitchen safety and hygiene, how to follow a recipe, improvise with spires and seasoning and more you will enjoy the dishes wou make at the end of each class, and much more you will enjoy the dishes wou make at the end of each class and have the recipes inprovise with Ayes 134. IIIIS COUMING CAIMP 13 A LOCAMY INTERACTIVE AND HARMOSOME ENDERNING TO DEEN UESHUEU TO GET YOU COMMON AND AND MOST OF BILLINGS OF BILLINGS AND MOST OF BILLINGS AND TO MOST OF BILLINGS AND Ages 13+. This cooking camp is a totally interactive and "hands-on" experience that has been designed to get you comfortable in the Litchen try new foods and most of all inspire Litchen creativity. Inin Master Chaftim Schorns and learn to make the allended to get you comfortable

spires and seasonings and much more. For will equip you with the skills to make meals from scratch and select the ingredients that you make meals from scratch and select the ingredients that whole family instructor. Tim schorns you need to make healthy choices and tasty food for the whole family. Instructor: Tim Schorno spices and seasonings and much more. You will enjoy the dishes you make at the end of each class, and have the recipes to make at the end of each class, and have the recipes to make at the end of each class, and have the recipes to make at the master tham at home. This program will equip with the chills to make meals from scratch and sedent the ingredients than

B: Tue-Fri, Aug 5-8, 9:00am-12:00pm - 4 days, \$149, E160/161 A: Mon-Fit, July 7-17, 1:00pm-4:00pm - 5 days, \$159; E160/161 Course ID: SS 0125

D: Mon-Fri, Aug 18-22, 1:00pm-4:00pm - 5 days, \$159; E160/161 C: Tue-Fri, Aug 5-8, 1:00pm-14:00pm-4days, \$149; E160/161

Cover design by Darin Clisby, Madchen Media



# COMMUNING STUDIES Let us inspire you!